

CATHOLIC MEN'S MINISTRY

THE MOST
HOLY
ROSARY

PRAYED THE FIRST WEDNESDAY OF EVERY MONTH | 6:30AM



www.CatholicMensMinistry.com



CATHOLIC MEN'S MINISTRY THE MOST HOLY ROSARY

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

CONTEMPLATION STARTER

Brothers, before we pray, let us first contemplate the rosary from three perspectives:

- 1 First, it serves as a school of sanctity, aiding us in our mission to become holy. In this most powerful of schools we are taught by Mary herself and through our faithful and regular recitation of it we grow in virtue, coming to resemble more and more the One whose life we reflect upon in each mystery - Jesus.

Do we wish to become saints dear brothers? Then let us pray daily the rosary!

- 2 Second, the rosary serves as a great spiritual weapon, fashioned by the Divine Craftsman Himself to help us in our battle against the principalities and powers of darkness. Consider that it includes from sacred scripture both the Our Father and the Hail Mary - making the decades of the rosary a spiritual machine gun. Every bead prayed becomes a carefully aimed bullet - an explosion of faith that frightens Satan and his evil spirits. For as we pray the rosary we pray God's Word, the Sword of the Spirit - becoming even stronger Soldiers of Christ and Knights of Mary, and helping them once again crush his head.

Oh brothers, to pray the rosary is to enter onto the battlefield for souls and to participate in our Lord's great victory!

- 3 And third, the rosary is commended to us by many of our Church's greatest saints and popes, including those of contemporary times. Here are quotes of three recent popes:

"If evil increases, the devotion of the People of God should also increase. And so venerable brothers, we want you to take the lead in urging and encouraging people to pray ardently to our most merciful mother Mary by saying the rosary...it is well suited to the devotion of God's people, most pleasing to the Mother of God and most effective in gaining heaven's blessings." - Saint Pope Paul VI

"At times when Christianity itself seemed under threat, it's deliverance was attributed to the power of this prayer, and Our Lady of the Rosary was acclaimed as the one whose intercession brought salvation." - Saint John Paul II

"The rosary is a spiritual weapon in the battle against evil, against all violence, and for peace in hearts, in families, in society and in the world." - Pope Benedict XVI

And so dear brothers, let us conquer the world for Christ through this great prayer! ¹

¹ Provided by CMM President Matt Palmer on the inception of this Holy Rosary



CONSECRATION TO THE HOLY FAMILY

Spoken by Priest, Deacon or Lay-Leader | **Spoken by Everyone**

THE HOLY FAMILY

O Lord Jesus, you lived in the home of Mary and Joseph in Nazareth. There you grew in age, wisdom and grace as you prepared to fulfill your mission as our Redeemer.

We entrust our family to you.

O Blessed Mary, you are the Mother of our Savior. At Nazareth you cared for Jesus and nurtured him in the peace and joy of your home.

We entrust our family to you.

O Saint Joseph, you provided a secure and loving home for Jesus and Mary, and gave us a model of fatherhood while showing us the dignity of work.

We entrust our family to you.

Holy Family, we consecrate ourselves and our family to you. May we be completely united in a love that is lasting, faithful and open to the gift of new life. Help us to grow in virtue, to forgive one another from our hearts, and to live in peace all our days. Keep us strong in faith, persevering in prayer, diligent in our work, and generous toward those in need. May our home, O Holy Family, truly become a domestic church where we reflect your example in our daily life. Amen.

Jesus, Mary and Joseph, pray for us! ²

² Prayer composed by Archbishop William E. Lori of Baltimore, Supreme Chaplain Knights of Columbus



THE HOLY ROSARY

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INTRODUCTORY PRAYERS

Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses; as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary (X3)

For an increase in the virtues of faith, hope and charity.

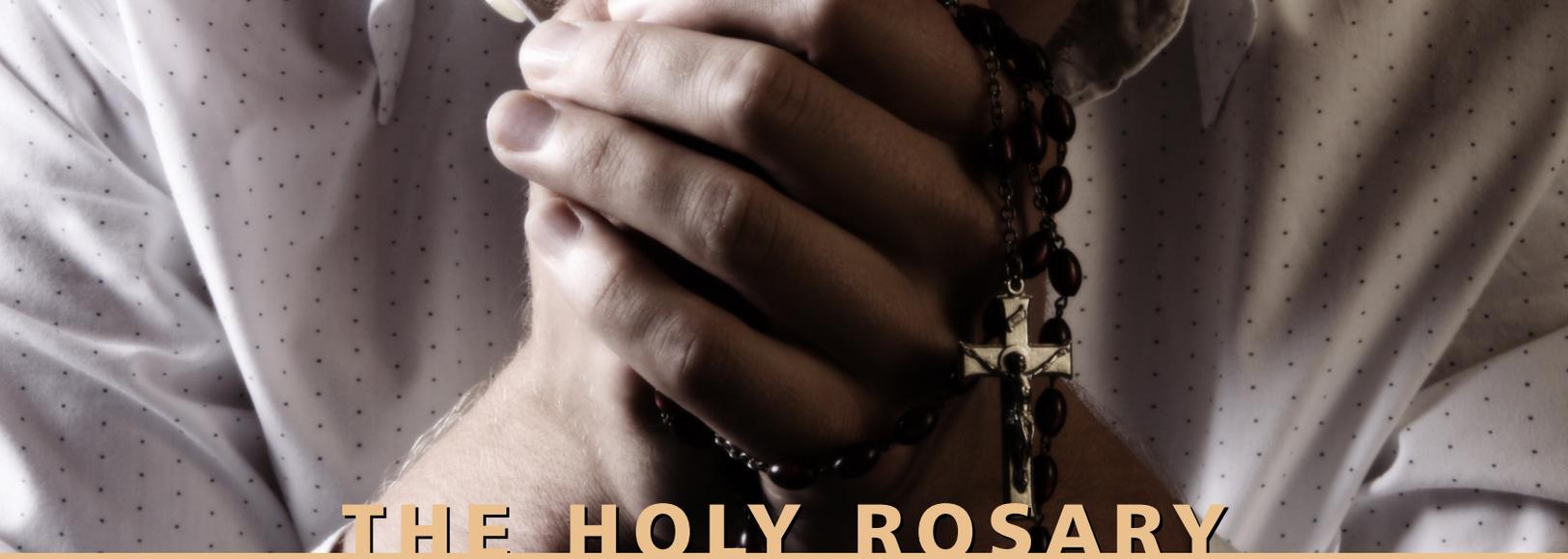
Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit,

as it was in the beginning, is now and ever shall be, world without end. Amen.



THE HOLY ROSARY

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MYSTERIES OF THE ROSARY

First Glorious Mystery: The Resurrection of Jesus from the Dead

St. Paul says, "If Christ is not risen from the dead then our faith is in vain". The resurrection of Jesus has changed everything for mankind. Our sorrow has been turned into joy. Our darkness into light. Our despair into hope. Jesus, we celebrate your victory over sin and death. May your resurrection fill us with the light of new life.³

Intention: *For our Families and Friends salvation, vocation, good health, happiness and in unison with their own good intentions.*

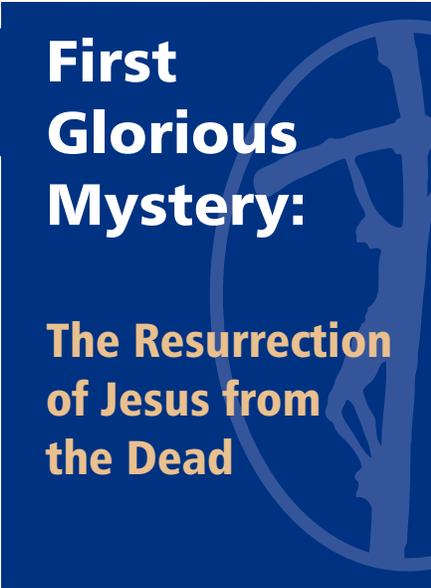
- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *risen...*

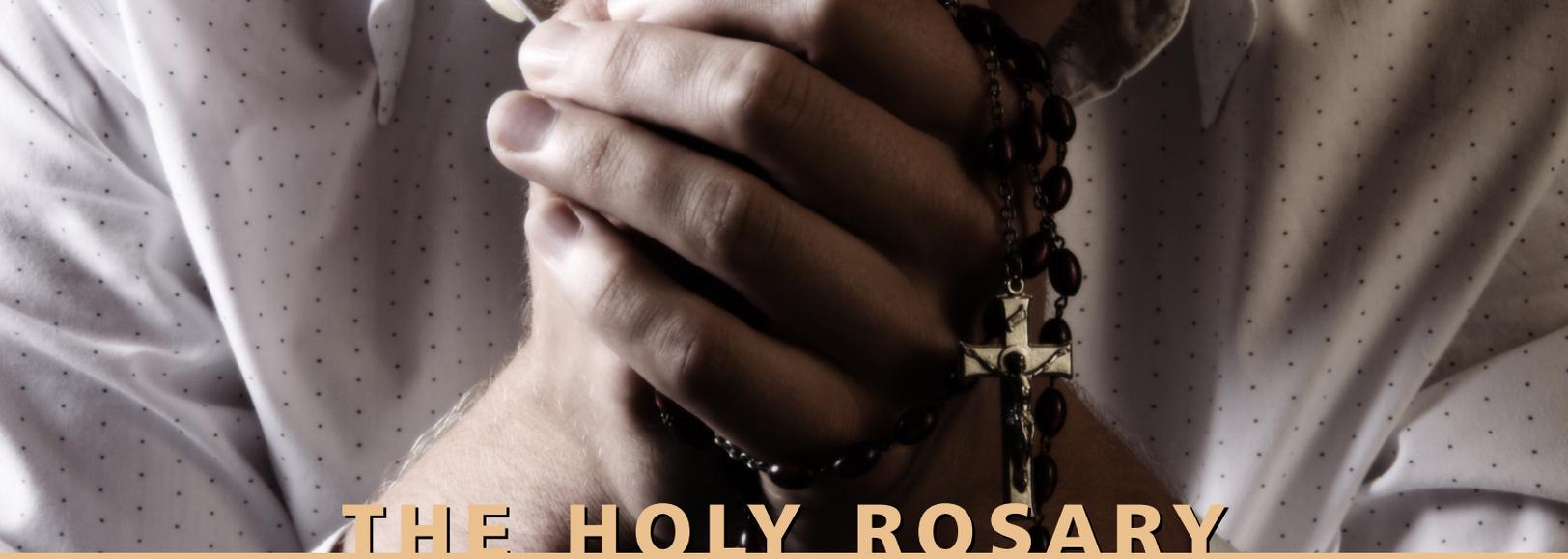
Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now and ever shall be, world without end. Amen.
- **1 Fatima Prayer** -
Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.



**First
Glorious
Mystery:**

**The Resurrection
of Jesus from
the Dead**



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MYSTERIES OF THE ROSARY

Second Glorious Mystery: Jesus Ascends Into Heaven

Jesus is the head and we the church are his members. And so we hope to be with him in glory someday. St Paul says you have been raised to new life with Christ. Set your heart on things that are in heaven not the things here on earth. We pray now that the Holy Spirit will fill us with new hope everyday.⁴

Intention: *For Pope Francis, Bishop Brennan, Our Priest and Deacons and all religious salvation, vocation, good health, happiness and in unison with their own good intentions.*

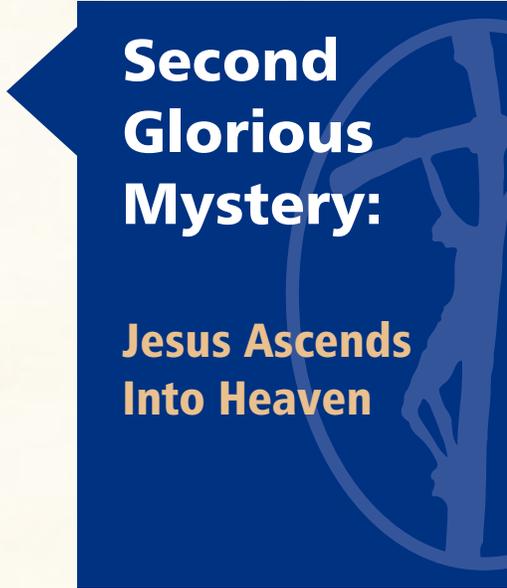
- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, *Jesus ascending into Heaven...*

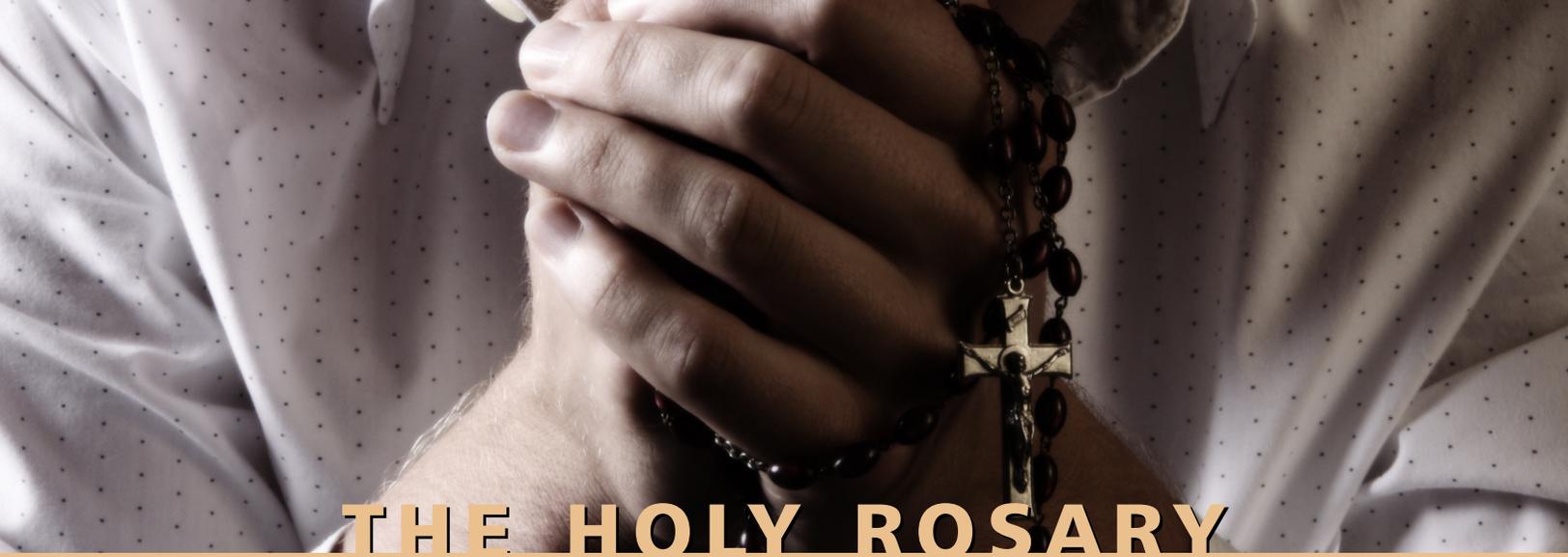
Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now and ever shall be, world without end. Amen.
- **1 Fatima Prayer** -
Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.



**Second
Glorious
Mystery:**

**Jesus Ascends
Into Heaven**



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MYSTERIES OF THE ROSARY

Third Glorious Mystery: The Descent of the Holy Spirit

Mary is present with the women when the Holy Spirit comes upon the Apostles like tongues of fire. An ancient antiphon in the prayer of the church describes what happened, this is the day of Pentecost, allelujah. Today the Holy Spirit appeared to the disciples in the form of fire and gave them His special gifts. He sent them into the world to proclaim that whoever believes and is baptised will be saved. We pray that we may experience the fullness of our baptism through the power and gifts of the Holy Spirit.⁵

Intention: *For the Diocese of Columbus. That the Lord will raise up dedicated and generous leaders from our families and friends who will serve His people as Sisters, Priests, Brothers, Deacons and Lay Ministers.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *sending His spirit...*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

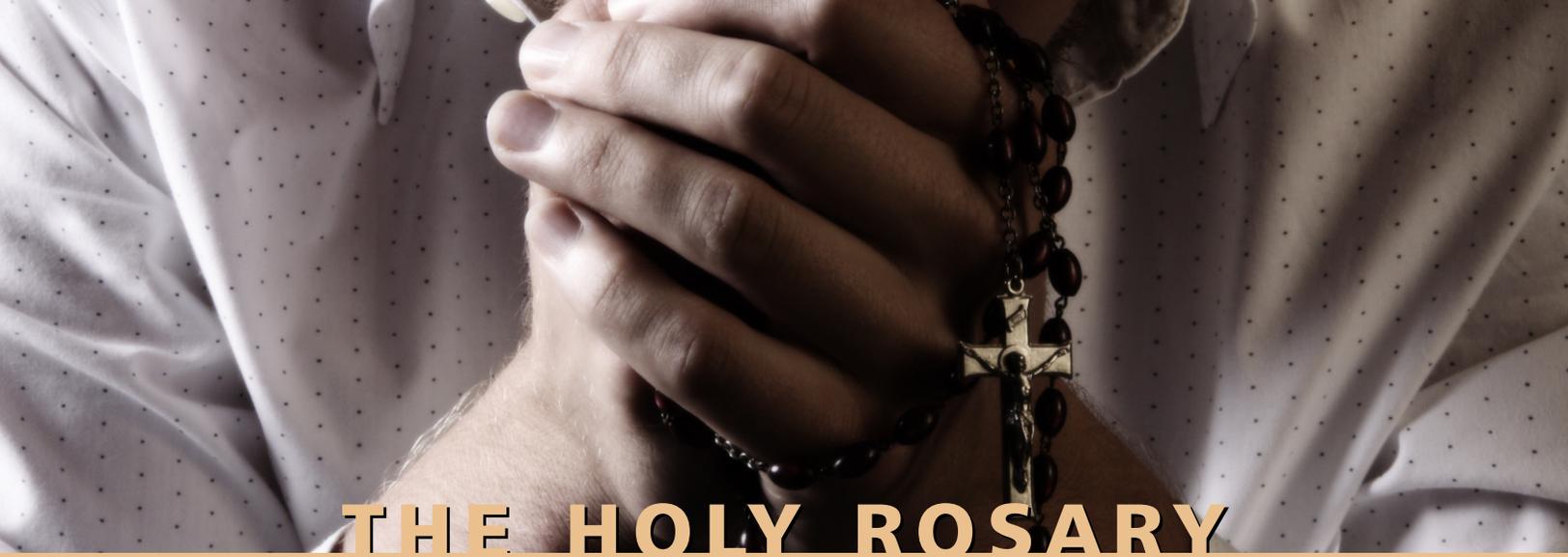
- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now and ever shall be, world without end. Amen.
- **1 Fatima Prayer** -
Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.

Third Glorious Mystery:

The Descent of the Holy Spirit



⁵ The Rosary with Dana and Fr. Kevin Scallon CM



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MYSTERIES OF THE ROSARY

Fourth Glorious Mystery: Mary is Taken Up Into Heaven

Mary offered God not only her soul but her body as well. God needed it to fulfill His plan of salvation. For Jesus to become man He had for nine months to become inseparably one flesh with his mother. She is the flesh and blood of Jesus, the Holy one, who the Lord will not allow to see corruption. So when her life is over she is taken body and soul into heaven. Under her protective mantel all Christians gather to form the Church. May the prayers of this woman clothed with the son bring Jesus to us and to the whole world.⁶

Intention: *That the Lord, who rescues the life of the poor from the power of the wicked, might send an angel to guard and protect all poor sinners, all souls in purgatory and all unborn children.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *assuming His mother...*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

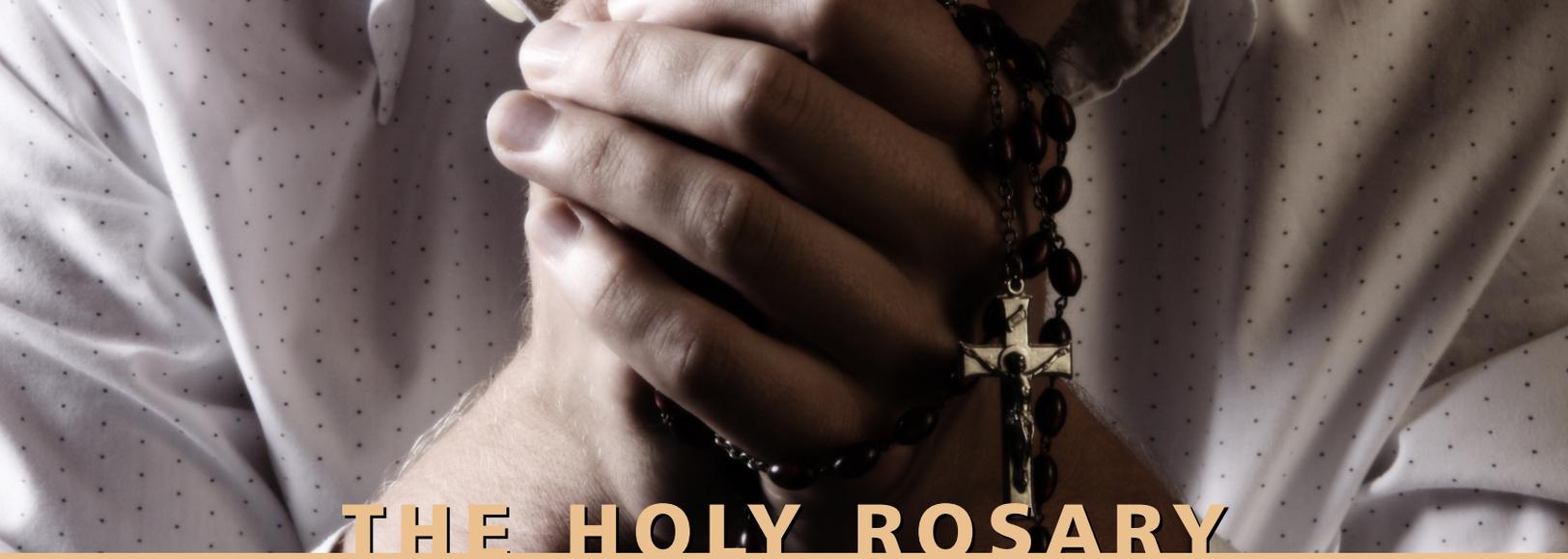
- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now and ever shall be, world without end. Amen.
- **1 Fatima Prayer** -
Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.

**Fourth
Glorious
Mystery:**

**Mary is
Taken Up
Into Heaven**



⁶ The Rosary with Dana and Fr. Kevin Scallon CM



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MYSTERIES OF THE ROSARY

Fifth Glorious Mystery: The Coronation of Mary in Heaven

Mary's whole life was veiled in a mystery of faith. Even her son will not lift this veil when she is blessed by a woman in the crowd. "Blessed are those who hear the word of God and keep it", He says. Now Jesus lifts the veil and brightness streams from Mary's crown to light up all the hidden years of washing, cooking, sewing and sweeping, caring for her own and dealing with her neighbors. It was all for Jesus. In her, Jesus has raised up the lowly from being looked on as no importance. She is now Queen of Heaven. Lord, may our insignificant lives and our quiet and hidden service of you form a bright crown for us in glory.⁷

Intention: *O God of all nations, look with mercy on your servants who are persecuted for their faith in you. Grant them perseverance and courage to be worthy imitators of Christ.*⁸

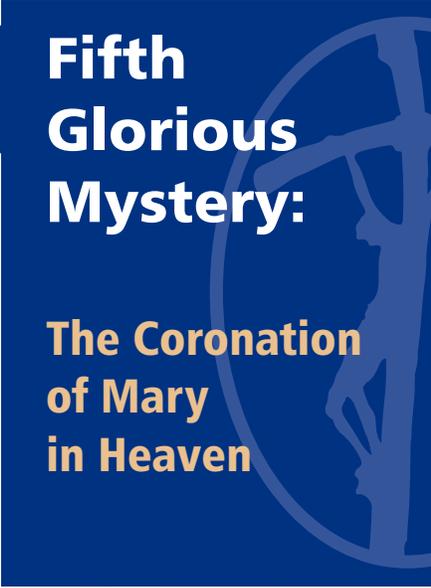
- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *crowning the Queen...*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now and ever shall be, world without end. Amen.
- **1 Fatima Prayer** -
Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.



**Fifth
Glorious
Mystery:**

**The Coronation
of Mary
in Heaven**

⁷ The Rosary with Dana and Fr. Kevin Scallon CM



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CLOSING PRAYERS

Hail, Holy Queen

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and, after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us O holy mother of God, that we may be made worthy of the promises of Christ.

Rosary Prayer

Let us pray. O God, whose only begotten Son by his life, death and Resurrection, has purchased for us the rewards of eternal life.

Grant, we beseech thee, that by meditating upon these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

Prayer to St. Joseph⁸

To you, O Blessed Joseph, we come in our trials, and having asked the help of your most holy spouse, we confidently ask your patronage also. Through that sacred bond of charity which united you to the Immaculate Virgin Mother of God and through the fatherly love with which you embraced the Child Jesus, we humbly beg you to look graciously upon the beloved inheritance which Jesus Christ purchased by his blood, and to aid us in our necessities with your power and strength.

O most provident guardian of the Holy Family, defend the chosen children of Jesus Christ. Most beloved father, dispel the evil of falsehood and sin. Our most mighty protector, graciously assist us from heaven in our struggle with the powers of darkness. And just as you once saved the Child Jesus from mortal danger, so now defend God's Holy Church from the snares of her enemies and from all adversity.

Shield each one of us by your constant protection, so that, supported by your example and your help, we may be able to live a virtuous life, to die a holy death, and to obtain eternal happiness in heaven. Amen.

⁸ Prayer composed by Archbishop William E. Lori, Supreme Chaplain of the Knights of Columbus

The Catholic Men's Ministry is a Catholic Lay Apostolate primarily serving the Diocese of Columbus.
Called to holiness, centered on Christ and inspired by St. Joseph, our primary purpose is to bring men to Christ.

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