

CATHOLIC MEN'S MINISTRY

THE MOST
HOLY
ROSARY

A GUIDE TO PRAYING THE ROSARY
WITH A COMPLETE DESCRIPTION
OF MYSTERIES AND REFLECTIONS

PRAYED THE FIRST WEDNESDAY OF EVERY MONTH | 6:30AM



www.CatholicMensMinistry.com



Catholic Men's Ministry

Serving the Columbus Diocese

Centered on Christ • Called to Be Saints • Inspired by St. Joseph

The Catholic Men's Ministry is a Catholic Lay Apostolate primarily serving the Diocese of Columbus. Called to be saints, centered on Christ and inspired by St. Joseph, our primary purpose is to bring men to Christ.

Catholic Men's Ministry Presents THE MOST HOLY ROSARY

Outside the Holy Sacrifice of the Mass, the most powerful prayer for Catholics is the Most Holy Rosary, given to the faithful as a spiritual weapon by the Blessed Virgin herself. And no other devotion is more widely praised or practiced.

The Rosary provides us with an opportunity to all-at-once pray, meditate, learn, incite and engage. We are offered the opportunity to witness truth, hope and love through the power of prayer – through the guidance of and in direct communion with, the Holy Queen of Heaven.

No other prayer offers this type of intercession in such a direct and powerful way. For centuries, Christian leaders have exhorted the Rosary as a profound, intimate way to encounter Jesus. No matter where you are in your relationship with God, the Rosary provides something for everyone. It has been known to change lives, strengthen marriages, bring peace and even save souls.

“The Rosary is a powerful weapon to put the demons to flight and to keep oneself from sin... If you desire peace in your hearts, in your homes, and in your country, assemble each evening to recite the Rosary. Let not even one day pass without saying it, no matter how burdened you may be with many cares and labors.”

- Pope Pius XI

CATHOLIC MEN'S MINISTRY





CATHOLIC MEN'S MINISTRY THE MOST HOLY ROSARY

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CATHOLIC MEN'S MINISTRY THE MOST HOLY ROSARY

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

CONTEMPLATION STARTER

Brothers, before we pray, let us first contemplate the rosary from three perspectives:

- 1 First, it serves as a school of sanctity, aiding us in our mission to become holy. In this most powerful of schools we are taught by Mary herself and through our faithful and regular recitation of it we grow in virtue, coming to resemble more and more the One whose life we reflect upon in each mystery - Jesus.

Do we wish to become saints dear brothers? Then let us pray daily the rosary!

- 2 Second, the rosary serves as a great spiritual weapon, fashioned by the Divine Craftsman Himself to help us in our battle against the principalities and powers of darkness. Consider that it includes from sacred scripture both the Our Father and the Hail Mary - making the decades of the rosary a spiritual machine gun. Every bead prayed becomes a carefully aimed bullet - an explosion of faith that frightens Satan and his evil spirits. For as we pray the rosary we pray God's Word, the Sword of the Spirit - becoming even stronger Soldiers of Christ and Knights of Mary, and helping them once again crush his head.

Oh brothers, to pray the rosary is to enter onto the battlefield for souls and to participate in our Lord's great victory!

- 3 And third, the rosary is commended to us by many of our Church's greatest saints and popes, including those of contemporary times. Here are quotes of three recent popes:

"If evil increases, the devotion of the People of God should also increase. And so venerable brothers, we want you to take the lead in urging and encouraging people to pray ardently to our most merciful mother Mary by saying the rosary...it is well suited to the devotion of God's people, most pleasing to the Mother of God and most effective in gaining heaven's blessings." - Saint Pope Paul VI

"At times when Christianity itself seemed under threat, it's deliverance was attributed to the power of this prayer, and Our Lady of the Rosary was acclaimed as the one whose intercession brought salvation." - Saint John Paul II

"The rosary is a spiritual weapon in the battle against evil, against all violence, and for peace in hearts, in families, in society and in the world." - Pope Benedict XVI

And so dear brothers, let us conquer the world for Christ through this great prayer! ¹

¹ Provided by CMM President Matt Palmer on the inception of this Holy Rosary

A close-up photograph of two hands holding a dark wooden rosary. The hands are positioned in a way that suggests prayer or devotion. The background is softly blurred, focusing attention on the hands and the beads.

CONSECRATION TO THE HOLY FAMILY

Spoken by Priest, Deacon or Lay-Leader | **Spoken by Everyone**

THE HOLY FAMILY

O Lord Jesus, you lived in the home of Mary and Joseph in Nazareth. There you grew in age, wisdom and grace as you prepared to fulfill your mission as our Redeemer.

We entrust our family to you.

O Blessed Mary, you are the Mother of our Savior. At Nazareth you cared for Jesus and nurtured him in the peace and joy of your home.

We entrust our family to you.

O Saint Joseph, you provided a secure and loving home for Jesus and Mary, and gave us a model of fatherhood while showing us the dignity of work.

We entrust our family to you.

Holy Family, we consecrate ourselves and our family to you. May we be completely united in a love that is lasting, faithful and open to the gift of new life. Help us to grow in virtue, to forgive one another from our hearts, and to live in peace all our days. Keep us strong in faith, persevering in prayer, diligent in our work, and generous toward those in need. May our home, O Holy Family, truly become a domestic church where we reflect your example in our daily life. Amen.

Jesus, Mary and Joseph, pray for us! ²

² Prayer composed by Archbishop William E. Lori of Baltimore, Supreme Chaplain Knights of Columbus

THE MYSTERIES OF THE ROSARY

GLORIOUS

The Resurrection of Jesus from the Dead

The Ascension of Jesus Into Heaven

The Descent of the Holy Spirit

The Assumption of Mary Into Heaven

The Crowning of Mary Queen of Heaven

PRAYED SUNDAYS AND WEDNESDAYS

THE GLORIOUS MYSTERIES



THE HOLY ROSARY

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

INTRODUCTORY PRAYERS

Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses; as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary (X3)

For an increase in the virtues of faith, hope and charity.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit,

as it was in the beginning, is now and ever shall be, world without end. Amen.



THE GLORIOUS MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

First Glorious Mystery: The Resurrection of Jesus from the Dead

St. Paul says, "If Christ is not risen from the dead then our faith is in vain". The resurrection of Jesus has changed everything for mankind. Our sorrow has been turned into joy. Our darkness into light. Our despair into hope. Jesus, we celebrate your victory over sin and death. May your resurrection fill us with the light of new life.³

Intention: *For our Families and Friends salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *risen*...

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Resurrection of Jesus from the Dead

You need not be amazed!
You are looking for Jesus of Nazareth, the one who was crucified. He has been raised up; He is not here. See the place where they laid Him. (Mark 16:6)



Fruit of the Mystery:
FAITH



THE GLORIOUS MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Second Glorious Mystery: Jesus Ascends Into Heaven

Jesus is the head and we the church are his members. And so we hope to be with him in glory someday. St Paul says you have been raised to new life with Christ. Set your heart on things that are in heaven not the things here on earth. We pray now that the Holy Spirit will fill us with new hope everyday.³

Intention: *For Pope Francis, Bishop Fernandes, Our Priest and Deacons and all religious salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *ascending into Heaven...*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Ascension of Jesus Into Heaven

Then, after speaking to them, the Lord Jesus was taken up into Heaven and took His seat at God's right hand. (Mark 16:19)



Fruit of the Mystery:
HOPE, Desire for Heaven



THE GLORIOUS MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Third Glorious Mystery: The Descent of the Holy Spirit

Mary is present with the women when the Holy Spirit comes upon the Apostles like tongues of fire. An ancient antiphon in the prayer of the church describes what happened, this is the day of Pentecost, allelujah. Today the Holy Spirit appeared to the disciples in the form of fire and gave them His special gifts. He sent them into the world to proclaim that whoever believes and is baptised will be saved. We pray that we may experience the fullness of our baptism through the power and gifts of the Holy Spirit.⁵

Intention: *For the Diocese of Columbus. That the Lord will raise up dedicated and generous leaders from our families and friends who will serve His people as Sisters, Priests, Brothers, Deacons and Lay Ministers.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, *Jesus sending His spirit...*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Descent of the Holy Spirit

All were filled with the Holy Spirit. They began to express themselves in foreign tongues and make bold proclamation as the Spirit prompted them. (Acts 2:4)



Fruit of the Mystery:
WISDOM, Love of God



THE GLORIOUS MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Fourth Glorious Mystery: Mary is Taken Up Into Heaven

Mary offered God not only her soul but her body as well. God needed it to fulfill His plan of salvation. For Jesus to become man He had for nine months to become inseparably one flesh with his mother. She is the flesh and blood of Jesus, the Holy one, who the Lord will not allow to see corruption. So when her life is over she is taken body and soul into heaven. Under her protective mantel all Christians gather to form the Church. May the prayers of this woman clothed with the son bring Jesus to us and to the whole world. ⁶

Intention: *That the Lord, who rescues the life of the poor from the power of the wicked, might send an angel to guard and protect all poor sinners, all souls in purgatory and all unborn children.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *assuming His mother...*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Assumption of Mary Into Heaven

You are the glory of Jerusalem
... you are the splendid boast of our people
... God is pleased with what you have wrought.
May you be blessed by the Lord Almighty forever and ever.
(Judith 15:9-10)



Fruit of the Mystery:
DEVOTION to Mary



THE GLORIOUS MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Fifth Glorious Mystery: The Coronation of Mary in Heaven

Mary's whole life was veiled in a mystery of faith. Even her son will not lift this veil when she is blessed by a woman in the crowd. "Blessed are those who hear the word of God and keep it", He says. Now Jesus lifts the veil and brightness streams from Mary's crown to light up all the hidden years of washing, cooking, sewing and sweeping, caring for her own and dealing with her neighbors. It was all for Jesus. In her, Jesus has raised up the lowly from being looked on as no importance. She is now Queen of Heaven. Lord, may our insignificant lives and our quiet and hidden service of you form a bright crown for us in glory.⁷

Intention: *O God of all nations, look with mercy on your servants who are persecuted for their faith in you. Grant them perseverance and courage to be worthy imitators of Christ.*⁸

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, *Jesus crowning the Queen...*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Crowning of Mary Queen of Heaven

A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. (Revelation 12:1)



Fruit of the Mystery:
PERSEVERANCE

³ The reflections that we present here are those of Fr Kevin Scallon, CM and are from the CD set, "The Rosary - Includes the Luminous Mysteries" by Dana & Fr Kevin Scallon (Released on HeartBeat Records June 16, 2010)



THE HOLY ROSARY

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

CLOSING PRAYERS

Hail, Holy Queen

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and, after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us O holy mother of God, that we may be made worthy of the promises of Christ.

Rosary Prayer

Let us pray. O God, whose only begotten Son by his life, death and Resurrection, has purchased for us the rewards of eternal life.

Grant, we beseech thee, that by meditating upon these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

Prayer to St. Joseph⁸

To you, O Blessed Joseph, we come in our trials, and having asked the help of your most holy spouse, we confidently ask your patronage also. Through that sacred bond of charity which united you to the Immaculate Virgin Mother of God and through the fatherly love with which you embraced the Child Jesus, we humbly beg you to look graciously upon the beloved inheritance which Jesus Christ purchased by his blood, and to aid us in our necessities with your power and strength.

O most provident guardian of the Holy Family, defend the chosen children of Jesus Christ. Most beloved father, dispel the evil of falsehood and sin. Our most mighty protector, graciously assist us from heaven in our struggle with the powers of darkness. And just as you once saved the Child Jesus from mortal danger, so now defend God's Holy Church from the snares of her enemies and from all adversity.

Shield each one of us by your constant protection, so that, supported by your example and your help, we may be able to live a virtuous life, to die a holy death, and to obtain eternal happiness in heaven. Amen.

⁸ Prayer composed by Archbishop William E. Lori, Supreme Chaplain of the Knights of Columbus

THE MYSTERIES OF THE ROSARY

JOYFUL

The Annunciation

The Visitation

The Birth of Jesus

The Presentation

The Finding of Jesus in the Temple

PRAYED MONDAYS AND SATURDAYS

THE JOYFUL MYSTERIES



THE HOLY ROSARY

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

INTRODUCTORY PRAYERS

Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses; as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary (X3)

For an increase in the virtues of faith, hope and charity.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit,

as it was in the beginning, is now and ever shall be, world without end. Amen.



THE JOYFUL MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

First Joyful Mystery: The Annunciation of the Angel to Mary

Because of the foreseen merits of Jesus, God the Father kept Mary free from all stain of original sin. I am the immaculate conception She told Bernadette at Lourde. It was to this sinless virgin that the angel Gabriel came and asked Her to become the Mother of the Son of God. In faith, Mary replied, I am the handmaid of the Lord, be done unto me according to your word. At that moment the Holy Spirit overshadowed her and Jesus was conceived in Mary's womb.³

Intention: *For our Families and Friends salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

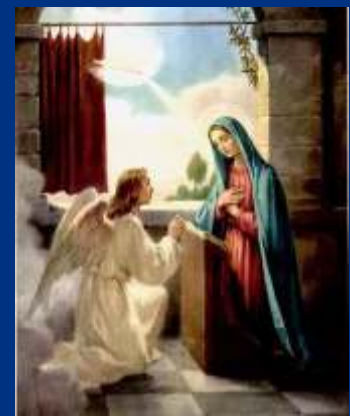
- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *the Word made flesh...*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Annunciation of the Angel to Mary

And Mary said: " Behold the handmaid of the Lord; be it unto me according to thy word". And the angel departed from her. (Luke 1,26-38)



Fruit of the Mystery:
HUMILITY



THE JOYFUL MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Second Joyful Mystery: The Visitation of Mary to St. Elizabeth

Elizabeth is overjoyed with Mary's visit. She feels blessed by the presence of Jesus in Mary's womb and she is filled with the Holy Spirit. Blessed are you among women and blessed is the fruit of your womb she cries. Mary replies, "My soul magnifies the Lord and my spirit rejoices in God my saviour". May we always be willing to proclaim Mary Blessed, because Jesus is the fruit of her womb.³

Intention: For Pope Francis, Bishop Fernandes, Our Priest and Deacons and all religious salvation, vocation, good health, happiness and in unison with their own good intentions.

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *sanctifying...*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.
- **1 Fatima Prayer** - Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.

The Visitation of Mary to St. Elizabeth

He hath regarded the low estate of His handmaiden: for, behold, from henceforth all generations shall call me blessed. For he that is mighty hath done to me great things; and holy is His name. (Luke 1,39-49)



Fruit of the Mystery:
LOVE of Neighbor



THE JOYFUL MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Third Joyful Mystery: The Birth of Jesus in Bethlehem

Jesus was born among the poor to teach us that true riches are to be found in him. We pray that God will protect us from the worship of material things and give us a love for poor people everywhere.³

Intention: *For our Families and Friends salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *the joy of the world...*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Birth of Jesus in Bethlehem

For unto you is born this day in the city of David a Saviour, which is Christ the Lord. And this shall be a sign unto you; Ye shall find the babe wrapped in swaddling clothes, lying in a manger". (Luk 2,6-12)



Fruit of the Mystery:
POVERTY, Detachment

³ The reflections that we present here are those of Fr Kevin Scallon, CM and are from the CD set, "The Rosary - Includes the Luminous Mysteries" by Dana & Fr Kevin Scallon (Released on HeartBeat Records June 16, 2010)



THE JOYFUL MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Fourth Joyful Mystery: The Presentation of Jesus to the Temple

When Mary and Joseph came to present Jesus to the Father in the Temple, Simeon the prophet told her this child is destined for the falling and the rising of many in Israel. To Mary herself he said and a sword shall pierce your own soul too. We pray for the courage to stand with Christ no matter what it may cost us.³

Intention: For Pope Francis, Bishop Fernandes, Our Priest and Deacons and all religious salvation, vocation, good health, happiness and in unison with their own good intentions.

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *the glory of Israel*...

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Presentation of Jesus to the Temple

And Simeon blessed them, and said unto Mary His mother: "Behold, this child is set for the fall and rising again of many in Israel; and for a sign which shall be spoken against; that the thoughts of many hearts may be revealed." (Luke 2,22-35)



Fruit of the Mystery:
WISDOM and Purity



THE JOYFUL MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Fifth Joyful Mystery: The Finding of Jesus in the Temple

After the loss of Jesus, Mary and Joseph found him in the temple. Jesus explanation, "did you not know that I must be in My Fathers house" was one they found hard to understand. With faith like Mary's let us ponder in our hearts the many events in our lives that we find difficult to understand.³

Intention: *For our Families and Friends salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *in the temple*...

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Finding of Jesus in the Temple

"...I must be about my Father's business?" And they understood not the saying which he spake unto them. And he went down with them, and came to Nazareth, and was subject unto them: but His mother kept all these sayings in her heart."
(Luke 2,41-51)



Fruit of the Mystery:
TRUE CONVERSION

³ The reflections that we present here are those of Fr Kevin Scallon, CM and are from the CD set, "The Rosary - Includes the Luminous Mysteries" by Dana & Fr Kevin Scallon (Released on HeartBeat Records June 16, 2010)



THE HOLY ROSARY

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

CLOSING PRAYERS

Hail, Holy Queen

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and, after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us O holy mother of God, that we may be made worthy of the promises of Christ.

Rosary Prayer

Let us pray. O God, whose only begotten Son by his life, death and Resurrection, has purchased for us the rewards of eternal life.

Grant, we beseech thee, that by meditating upon these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

Prayer to St. Joseph⁸

To you, O Blessed Joseph, we come in our trials, and having asked the help of your most holy spouse, we confidently ask your patronage also. Through that sacred bond of charity which united you to the Immaculate Virgin Mother of God and through the fatherly love with which you embraced the Child Jesus, we humbly beg you to look graciously upon the beloved inheritance which Jesus Christ purchased by his blood, and to aid us in our necessities with your power and strength.

O most provident guardian of the Holy Family, defend the chosen children of Jesus Christ. Most beloved father, dispel the evil of falsehood and sin. Our most mighty protector, graciously assist us from heaven in our struggle with the powers of darkness. And just as you once saved the Child Jesus from mortal danger, so now defend God's Holy Church from the snares of her enemies and from all adversity.

Shield each one of us by your constant protection, so that, supported by your example and your help, we may be able to live a virtuous life, to die a holy death, and to obtain eternal happiness in heaven. Amen.

⁸ Prayer composed by Archbishop William E. Lori, Supreme Chaplain of the Knights of Columbus

SORROWFUL

THE MYSTERIES OF THE ROSARY

The Agony in the Garden

The Scourging at the Pillar

The Crowning with Thorns

The Carrying of the Cross

The Crucifixion

PRAYED TUESDAYS AND FRIDAYS

THE SORROWFUL MYSTERIES



THE HOLY ROSARY

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

INTRODUCTORY PRAYERS

Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses; as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary (X3)

For an increase in the virtues of faith, hope and charity.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit,

as it was in the beginning, is now and ever shall be, world without end. Amen.



THE SORROWFUL MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

First Sorrowful Mystery: The Agony of Jesus in the Garden

In the garden of Gethsemane, Jesus begins to experience the weight of our sins and the price he must pay for the salvation of mankind. In his anguish he prayed even more earnestly and his sweat fell to the ground like great drops of blood. As we contemplate Jesus in his agony, let us pray that we may always be faithful to him.³

Intention: *For our Families and Friends salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *in His agony*...

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Agony of Jesus in the Garden

And he went a little farther, and fell on His face, and prayed, saying: "O my Father, if it be possible, let this cup pass from me: nevertheless not as I will, but as thou wilt".
(Matthew 26,36-39)



Fruit of the Mystery:
SORROW for Sin

³ The reflections that we present here are those of Fr Kevin Scallon, CM and are from the CD set, "The Rosary - Includes the Luminous Mysteries" by Dana & Fr Kevin Scallon (Released on HeartBeat Records June 16, 2010)



THE SORROWFUL MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Second Sorrowful Mystery: The Scourging of Jesus at the Pillar

The gentle Son of God is mocked, ridiculed and brutally tortured by being flogged with whips. Lord, as we look at you we ask you to help us to endure our own sufferings and to comfort with your presence those who suffer for what they believe.³

Intention: *For Pope Francis, Bishop Fernandes, Our Priest and Deacons and all religious salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *scourged*...

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Scourging of Jesus at the Pillar

They all say unto Him: "Let Him be crucified!" And the governor said: "Why, what evil hath he done?" But they cried out the more, saying: "Let Him be crucified!" (Matthew 27).



Fruit of the Mystery: **MORTIFICATION**



THE SORROWFUL MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Third Sorrowful Mystery: The Crowning with Thorns

And having twisted some thorns into a crown they put this onto his head and placed a reed in his right hand. To make fun of him they knelt to him saying, "Hail, King of the Jews". And they spat and took the reed and struck him on the head with it. My Jesus, I love you, you are my Lord and Saviour. You are the King of Kings and Lord of Lords.³

Intention: *For our Families and Friends salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *crowned with thorns...*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Crowning with Thorns

And they spit upon Him, and took the reed, and smote Him on the head. And after that they had mocked Him, they took the robe off from Him, and put His own raiment on Him, and led Him away to crucify Him. (Matthew 27,27-31)



Fruit of the Mystery:
CONTEMPT of the World

³ The reflections that we present here are those of Fr Kevin Scallon, CM and are from the CD set, "The Rosary - Includes the Luminous Mysteries" by Dana & Fr Kevin Scallon (Released on HeartBeat Records June 16, 2010)



THE SORROWFUL MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Fourth Sorrowful Mystery: The Carrying of the Cross

And they lead him out to crucify him. Lord as I gaze on you under the weight of your cross I think of how you were lead out again and again in the poor who hunger for bread, in the old who were neglected and the oppressed and the young whose spirits are wasted away and the child who's little life is snuffed out.³

Intention: *For Pope Francis, Bishop Fernandes, Our Priest and Deacons and all religious salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *carrying His cross*...

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Carrying of the Cross

Large numbers of people followed Him, and women too, who mourned and lamented for Him. But Jesus turned to them and said, 'Daughters of Jerusalem, do not weep for me; weep rather for yourselves and for your children. (Luke 23:26)



Fruit of the Mystery:
PATIENCE



THE SORROWFUL MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Fifth Sorrowful Mystery: The Crucifixion

Then they crucified him and shared out his clothing, casting lots to decide what each should get. Near the cross of Jesus stood his Mother. Seeing his Mother and the disciple whom he loved standing near Her Jesus said to his Mother, "Woman this is your son". Then to the disciple he said, "this is your Mother". We ask you Mary to stand near us in the shelter of your Son's cross. Teach us how to love Jesus, who is your son, your savior and your Lord. And who is our Brother, our Saviour and our Lord.³

Intention: *O God of all nations, look with mercy on your servants who are persecuted for their faith in you. Grant them perseverance and courage to be worthy imitators of Christ.*⁸

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, *Jesus who died for me...*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Crucifixion

When Jesus therefore saw His mother, and the disciple standing by, whom he loved, he saith unto His mother: "Woman, behold thy son!" Then saith he to the disciple: "Behold thy mother!" And from that hour that disciple took her unto His own home. (John 19,25-27)



Fruit of the Mystery:
GRACE for a Holy Death

³ The reflections that we present here are those of Fr Kevin Scallon, CM and are from the CD set, "The Rosary - Includes the Luminous Mysteries" by Dana & Fr Kevin Scallon (Released on HeartBeat Records June 16, 2010)



THE HOLY ROSARY

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

CLOSING PRAYERS

Hail, Holy Queen

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and, after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us O holy mother of God, that we may be made worthy of the promises of Christ.

Rosary Prayer

Let us pray. O God, whose only begotten Son by his life, death and Resurrection, has purchased for us the rewards of eternal life.

Grant, we beseech thee, that by meditating upon these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

Prayer to St. Joseph⁴

To you, O Blessed Joseph, we come in our trials, and having asked the help of your most holy spouse, we confidently ask your patronage also. Through that sacred bond of charity which united you to the Immaculate Virgin Mother of God and through the fatherly love with which you embraced the Child Jesus, we humbly beg you to look graciously upon the beloved inheritance which Jesus Christ purchased by his blood, and to aid us in our necessities with your power and strength.

O most provident guardian of the Holy Family, defend the chosen children of Jesus Christ. Most beloved father, dispel the evil of falsehood and sin. Our most mighty protector, graciously assist us from heaven in our struggle with the powers of darkness. And just as you once saved the Child Jesus from mortal danger, so now defend God's Holy Church from the snares of her enemies and from all adversity.

Shield each one of us by your constant protection, so that, supported by your example and your help, we may be able to live a virtuous life, to die a holy death, and to obtain eternal happiness in heaven. Amen.

⁴ Prayer composed by Archbishop William E. Lori, Supreme Chaplain of the Knights of Columbus

THE MYSTERIES OF THE ROSARY

LUMINOUS

The Baptism of Jesus

The Wedding Feast at Cana

The Proclamation of the Kingdom

The Transfiguration

The Institution of the Eucharist

PRAYED THURSDAYS

THE LUMINOUS MYSTERIES



THE HOLY ROSARY

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

INTRODUCTORY PRAYERS

Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses; as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary (X3)

For an increase in the virtues of faith, hope and charity.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit,

as it was in the beginning, is now and ever shall be, world without end. Amen.



THE LUMINOUS MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

First Luminous Mystery: The Baptism of Jesus in the River Jordan

Our Lord Jesus Christ is baptised by John in the river Jordan. The word Christ means the anointed one. Jesus is anointed by the heavenly Father, and the oil for this anointing is the Holy Spirit. We read in St. Mark, "and when he came up out of the water immediately he saw the heavens opening and the spirit descending on him like a dove; and a voice came from heaven, you are my beloved son, with you I am well pleased". Jesus is the beloved son of the Father. He is the Messiah, the anointed one. My loving lord Jesus, by your immersion in the river Jordan you made holy the waters of baptism in which our sins are washed clean. We have been born again to new life and become the dwelling place of the Holy Trinity. Lord, let the promise you made to your disciples be fulfilled in us. May we be baptised in your Holy Spirit every moment of our lives.³

Intention: *For our Families and Friends salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *beloved Son of the Father...*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Baptism of Jesus in the River Jordan

At that moment heaven was opened, and he saw the Spirit of God descending like a dove and lighting on Him. And a voice from heaven said, "This is my Son, whom I love; with Him I am well pleased. (Matthew 3,13-17)



Fruit of the Mystery:
OPENNESS to the Spirit

³ The reflections that we present here are those of Fr Kevin Scallon, CM and are from the CD set, "The Rosary - Includes the Luminous Mysteries" by Dana & Fr Kevin Scallon (Released on HeartBeat Records June 16, 2010)



THE LUMINOUS MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Second Luminous Mystery: The Wedding Feast at Cana

The gentle Son of God is mocked, ridiculed and brutally tortured by being flogged with whips. Lord, as we look at you we ask you to help us to endure our own sufferings and to comfort with your presence those who suffer for what they believe.³

Intention: *For Pope Francis, Bishop Fernandes, Our Priest and Deacons and all religious salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

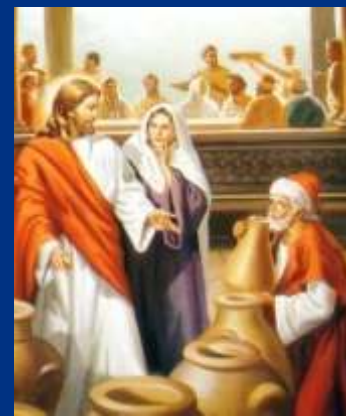
- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *performing miracles...*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Wedding Feast at Cana

This, the first of His miraculous signs, Jesus performed in Cana of Galilee. He thus revealed His glory, and His disciples put their faith in Him. (John 2,1-12)



**Fruit of the Mystery:
TO JESUS THROUGH MARY**



THE LUMINOUS MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Third Luminous Mystery: The Proclamation of the Kingdom

In St. Mark's gospel we read, "now after John was arrested, Jesus came into Galilee preaching the gospel of God and saying, the time is fulfilled and the kingdom of God is at hand. Repent and believe the gospel". And in St. John's gospel Jesus says of himself, "I am the light of the world. Whoever follows me will not walk in darkness but will have the light of life. I have come as light into the world that whoever believes in me may not remain in darkness". Lord Jesus, through our sin we sit in darkness and the shadow of death. So many who once walked in your light, now walk in darkness. Jesus, give to us and to all our loved ones the grace to turn away from sin and turn back to you. And may all people everywhere come to hear the good news of your kingdom.³

Intention: *For our Families and Friends salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, *Jesus proclaiming the kingdom...*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Proclamation of the Kingdom

The preaching by which Jesus proclaims the coming of the Kingdom of God, calls to conversion (Mark 1:15) and forgives the sins of all who draw near to Him in humble trust (Mark 2:3-13; Luke 7:47- 48)



Fruit of the Mystery:
TRUST in God



THE LUMINOUS MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Fourth Luminous Mystery: The Transfiguration

And as He was praying, the appearance of His face altered, and His clothing became dazzling white. This is truly a mystery of light. The glory of Jesus, the Son of God, shines forth. The light of the Godhead is seen in the face of Christ. While the Father proclaims to the astounded Apostles, "this is my Son, my chosen one, listen to Him". Lord, we have never seen you transfigured like this. But we have seen the transforming radiance of your presence on the faces of others. On the young mother with her afflicted child and the man arriving home from work. From the old Priest as he offers the bread and wine and the young Nun as she moves lovingly among the starving poor. Jesus, those who listen to you are always transformed by your word. Even in suffering, you show us the joy of the resurrection and a life transformed by the presence of the Holy Spirit.³

Intention: *For Pope Francis, Bishop Fernandes, Our Priest and Deacons and all religious salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *transfigured*...

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Transfiguration

A voice came from the cloud, saying, "This is my Son, whom I have chosen; listen to Him." When the voice had spoken, they found that Jesus was alone. The disciples kept this to themselves, and told no one at that time what they had seen. (Luke 9,28-35)



Fruit of the Mystery:
DESIRE for Holiness



THE LUMINOUS MYSTERIES

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Fifth Luminous Mystery: The Institution of the Eucharist

The Eucharist is the source and summit of the Church's life. The other sacraments and every ministry of the Church, lead to the Eucharist. Because the Eucharist is Christ himself. It is the paschal mystery, the Lord's supper, the sacrifice of the cross, the resurrection from the dead. And, it is the real presence of the living and glorious Christ. Oh loving Mother Mary, when you gathered with the disciples for the breaking of the bread, you received from their hands your risen Eucharistic Son. You helped them to remember Him as they called to mind His words and teachings. His face always before you. Teach us to see Jesus in the Eucharist through your eyes of faith, and to love him with your heart. And may we find him in every crushed grain of humanity from which His body is made.³

Intention: *For our Families and Friends salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Hail Marys** - Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus *the Bread of Life*...

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**
- **1 Fatima Prayer** - **Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.**

The Institution of the Eucharist

"Take it; this is my body."
... "This is my blood of the covenant, which is poured out for many," he said to them. "I tell you the truth, I will not drink again of the fruit of the vine until that day when I drink it anew in the kingdom of God."
(Mark 14,22-25)



Fruit of the Mystery:
ADORATION

³ The reflections that we present here are those of Fr Kevin Scallon, CM and are from the CD set, "The Rosary - Includes the Luminous Mysteries" by Dana & Fr Kevin Scallon (Released on HeartBeat Records June 16, 2010)



THE HOLY ROSARY

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

CLOSING PRAYERS

Hail, Holy Queen

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and, after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us O holy mother of God, that we may be made worthy of the promises of Christ.

Rosary Prayer

Let us pray. O God, whose only begotten Son by his life, death and Resurrection, has purchased for us the rewards of eternal life.

Grant, we beseech thee, that by meditating upon these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

Prayer to St. Joseph⁴

To you, O Blessed Joseph, we come in our trials, and having asked the help of your most holy spouse, we confidently ask your patronage also. Through that sacred bond of charity which united you to the Immaculate Virgin Mother of God and through the fatherly love with which you embraced the Child Jesus, we humbly beg you to look graciously upon the beloved inheritance which Jesus Christ purchased by his blood, and to aid us in our necessities with your power and strength.

O most provident guardian of the Holy Family, defend the chosen children of Jesus Christ. Most beloved father, dispel the evil of falsehood and sin. Our most mighty protector, graciously assist us from heaven in our struggle with the powers of darkness. And just as you once saved the Child Jesus from mortal danger, so now defend God's Holy Church from the snares of her enemies and from all adversity.

Shield each one of us by your constant protection, so that, supported by your example and your help, we may be able to live a virtuous life, to die a holy death, and to obtain eternal happiness in heaven. Amen.

⁴ Prayer composed by Archbishop William E. Lori, Supreme Chaplain of the Knights of Columbus

THE ST. JOSEPH ROSARY



ABOUT THE ST. JOSEPH ROSARY

There have been many versions of St. Joseph rosary-type devotions since the end of the fifteenth century in various parts of the world, but none has received official, widespread, or long-enduring acceptance. The version of the St. Joseph Rosary that we present here came from the USA Oblates of St. Joseph in 1991. This St. Joseph Rosary is approved by the Oblates of St. Joseph for use in their houses. This version can be found on their website: <https://osjusa.org/> and is being used with their permission. *Our thanks to Fr. Sergio Perez, OSJ*

The Betrothal to Mary

The Annunciation to Joseph

The Birth and Naming of Jesus

The Flight Into Egypt

The Hidden Life at Nazareth

**PRAYED AS A DEVOTION TO THE BLESSED MOTHER
AND HER SPOUSE**

ST. JOSEPH



THE HOLY ROSARY

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

The St. Joseph Rosary is prayed just as the Marion Rosary but substituting the Hail Mary with the St. Joseph prayer (below).

INTRODUCTORY PRAYERS

Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses; as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Prayer to St. Joseph (X3)

For an increase in the virtues of faith, hope and charity.

Joseph, son of David, and husband of Mary; we honor you, guardian of the Redeemer, and we adore the child you named Jesus.

Saint Joseph, patron of the universal church, pray for us, that like you we may live totally dedicated to the interests of the Savior. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit,

as it was in the beginning, is now and ever shall be, world without end. Amen.



THE ST. JOSEPH ROSARY

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

First Mystery: The Betrothal to Mary

Now the birth of Jesus Christ took place in this way. When his mother Mary had been betrothed to Joseph, before they came together she was found to be with child of the Holy Spirit; and her husband Joseph, being a just man and unwilling to put her to shame, resolved to send her away quietly.
(Matthew 1: 18-19)

Intention: *For our Families and Friends salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Prayers to St. Joseph** - Joseph, son of David, and husband of Mary; we honor you, guardian of the Redeemer, and we adore the child you named Jesus.

Saint Joseph, patron of the universal church, pray for us, that like you we may live totally dedicated to the interests of the Savior. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.
- **1 Fatima Prayer** - Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.

The Betrothal of Joseph to Mary

“Saint Joseph was a just man, A man of upright life; Our Lord’s kind foster father Took Mary as his wife. He knew the pain of exile In far Egyptian land. Obedient, kind and faithful He followed God’s command.”⁴





THE ST. JOSEPH ROSARY

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Second Mystery: The Annunciation to Joseph

...and her husband Joseph, being a just man and unwilling to put her to shame, resolved to send her away quietly. But as he considered this, behold, an angel of the Lord appeared to him in a dream, saying, "Joseph, son of David, do not fear to take Mary your wife, for that which is conceived in her is of the Holy Spirit; she will bear a son, and you shall call his name Jesus, for he will save his people from their sins."
(Matthew 1: 19-21)

Intention: *For Pope Francis, Bishop Fernandes, Our Priest and Deacons and all religious salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Prayers to St. Joseph** - Joseph, son of David, and husband of Mary; we honor you, guardian of the Redeemer, and we adore the child you named Jesus.

Saint Joseph, patron of the universal church, pray for us, that like you we may live totally dedicated to the interests of the Savior. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.
- **1 Fatima Prayer** - Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.

The Annunciation to Joseph

Chaste Lover of Mary, how overwhelmed you were when you thought that you would have to end your betrothal to her. But when the angel of God came to you in a dream, you were filled with awe to realize that Mary would be your wife, and you would be the guardian of the Messiah.⁵



⁵Taken from the "Seven Sorrows and Joys of St. Joseph," Oblates of St. Joseph, www.osjusa.org



Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Third Mystery: The Birth and Naming of Jesus

All this took place to fulfil what the Lord had spoken by the prophet:

“Behold, a virgin shall conceive and bear a son,
and his name shall be called Emmanuel”

(which means, God with us). When Joseph woke from sleep, he did as the angel of the Lord commanded him; he took his wife, but knew her not until she had borne a son; and he called his name Jesus.

(*Matthew 1: 22-25*)

Intention: *For our Families and Friends salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Prayers to St. Joseph** - Joseph, son of David, and husband of Mary; we honor you, guardian of the Redeemer, and we adore the child you named Jesus.

Saint Joseph, patron of the universal church, pray for us, that like you we may live totally dedicated to the interests of the Savior. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.
- **1 Fatima Prayer** - Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.

The Birth and Naming of Jesus

Saint Joseph, you witnessed the miracle of birth, seeing the infant Jesus born of your most holy spouse, the Virgin Mary. With wonder and awe, you took into your arms the Savior. With gratitude that only a parent can know, you glorified God for the birth of his Son, entrusted to your fatherly care.⁷





THE ST. JOSEPH ROSARY

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

Fourth Mystery: Flight Into Egypt

Now when they had departed, behold, an angel of the Lord appeared to Joseph in a dream and said, "Rise, take the child and his mother, and flee to Egypt, and remain there till I tell you; for Herod is about to search for the child, to destroy him." And he rose and took the child and his mother by night, and departed to Egypt, and remained there until the death of Herod. This was to fulfill what the Lord had spoken by the prophet, "Out of Egypt have I called my son."

(Matthew 2: 13-15)

Intention: *For Pope Francis, Bishop Fernandes, Our Priest and Deacons and all religious salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Prayers to St. Joseph** - Joseph, son of David, and husband of Mary; we honor you, guardian of the Redeemer, and we adore the child you named Jesus.

Saint Joseph, patron of the universal church, pray for us, that like you we may live totally dedicated to the interests of the Savior. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.
- **1 Fatima Prayer** - Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.

Flight Into Egypt

Courageous protector of the Holy Family, how terrified you were when you had to make the sudden flight with Jesus and Mary to escape the treachery of King Herod and the cruelty of his soldiers. But when you reached Egypt, what satisfaction you had to know that the Savior of the world had come to replace the pagan idols.⁵



⁵Taken from the "Seven Sorrows and Joys of St. Joseph," Oblates of St. Joseph, www.osjusa.org



THE ST. JOSEPH ROSARY

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Fifth Mystery: Hidden Life at Nazareth

And he went and dwelt in a city called Nazareth, that what was spoken by the prophets might be fulfilled, "He shall be called a Nazarene."

And he went down with them and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart.

And Jesus increased in wisdom and in stature, and in favor with God and man.
(Mt 2:23; Lk 2:51-52)

Intention: *For our Families and Friends salvation, vocation, good health, happiness and in unison with their own good intentions.*

- **1 Our Father** - Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy Will be done, on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **10 Prayers to St. Joseph** - Joseph, son of David, and husband of Mary; we honor you, guardian of the Redeemer, and we adore the child you named Jesus.

Saint Joseph, patron of the universal church, pray for us, that like you we may live totally dedicated to the interests of the Savior. Amen.

- **1 Glory Be** - Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.
- **1 Fatima Prayer** - Oh my Jesus, forgive us our sins, save us from the fire of hell; lead all to heaven, especially those in most need of your mercy.

Hidden Life at Nazareth

"The growth of Jesus in wisdom and in stature, and in favour with God and man took place within the Holy Family under the patriarchal eyes of Joseph who had the significant task of raising Jesus."⁹





THE HOLY ROSARY

Spoken by Priest, Deacon or Lay-Leader | Spoken by Everyone

CLOSING PRAYERS

Hail, Holy Queen

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and, after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us O holy mother of God, that we may be made worthy of the promises of Christ.

Rosary Prayer

Let us pray. O God, whose only begotten Son by his life, death and Resurrection, has purchased for us the rewards of eternal life.

Grant, we beseech thee, that by meditating upon these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

Prayer to St. Joseph⁸

To you, O Blessed Joseph, we come in our trials, and having asked the help of your most holy spouse, we confidently ask your patronage also. Through that sacred bond of charity which united you to the Immaculate Virgin Mother of God and through the fatherly love with which you embraced the Child Jesus, we humbly beg you to look graciously upon the beloved inheritance which Jesus Christ purchased by his blood, and to aid us in our necessities with your power and strength.

O most provident guardian of the Holy Family, defend the chosen children of Jesus Christ. Most beloved father, dispel the evil of falsehood and sin. Our most mighty protector, graciously assist us from heaven in our struggle with the powers of darkness. And just as you once saved the Child Jesus from mortal danger, so now defend God's Holy Church from the snares of her enemies and from all adversity.

Shield each one of us by your constant protection, so that, supported by your example and your help, we may be able to live a virtuous life, to die a holy death, and to obtain eternal happiness in heaven. Amen.

⁹ Prayer composed by Archbishop William E. Lori, Supreme Chaplain of the Knights of Columbus

ABOUT THE MYSTERIES AND FRUITS OF THE ROSARY

The Mysteries of the Rosary are meditations on episodes in the life and death of Jesus from the Annunciation to the Ascension and beyond. These are traditionally grouped by fives into themed sets known as the **Joyful (or Joyous) Mysteries**, the **Sorrowful Mysteries**, the **Glorious Mysteries** and the **Luminous Mysteries**.

Typically, a spiritual goal known as a "fruit" is also assigned to each mystery of the Most Holy Rosary. The Fruit of the Glorious, Joyful, and Sorrowful Mysteries we've used are listed from the appendix of Louis Marie de Montfort's book *Secret of the Rosary*. The Luminous Mysteries were instituted by Pope John Paul II, in his apostolic letter *Rosarium Virginis Mariae* (October 2002).

Source: <https://en.wikipedia.org/wiki/Rosary>

ABOUT THE REFLECTIONS

The reflections that we present here are those of Fr Kevin Scallon, CM and are from the CD set, "The Rosary - Includes the Luminous Mysteries" by Dana & Fr Kevin Scallon (Released on HeartBeat Records June 16, 2010).

“The Rosary is the book of the blind, where souls see and there enact the greatest drama of love the world has ever known; it is the book of the simple, which initiates them into mysteries and knowledge more satisfying than the education of other men; it is the book of the aged, whose eyes close upon the shadow of this world, and open on the substance of the next. The power of the Rosary is beyond description.”

- Archbishop Fulton Sheen



CATHOLIC MEN'S MINISTRY

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CALLED TO BE SAINTS...

Our goal as Men Of God is very clear – to get to Heaven. And one of the most effective ways to get to Heaven is through prayer, the key to salvation.

There is no more powerful intercessor before the throne of God than the Blessed Mother herself; and there is no more powerful prayer than the one she, herself, gave to us:
the Most Holy Rosary.

CATHOLIC MEN'S MINISTRY

CENTERED ON CHRIST • CALLED TO BE SAINTS • INSPIRED BY ST. JOSEPH

